

Queensland Health

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 File Ref: BN Forums

October 2011

Dear Ms Tennock,

The Brisbane North Healthy Communities Partnership (BNHCP) invites you to attend the Healthy Communities Forum. This 2 hour forum will showcase a selection of community-based physical activity and nutrition programs. It will also provide a platform for you to identify the specific barriers you experience when engaging communities in your existing nutrition and physical activity programs.

The goal of the Partnership is to coordinate efforts to increase physical activity and improve healthy eating in the Brisbane North region. This will be achieved through a multi strategic approach which will include actively addressing the barriers you identified in the forums.

In addition to an open discussion on barriers to implementing programs, there will be a series of short presentations on current community based programs and available support for you and your organisation:

Time	Program	Presenter
10:00	Registration	BNHCP
1	Introducing the Brisbane North Healthy Communities Partnership <ul style="list-style-type: none"> Brief Health Statistic Snapshot Swap it, Don't Stop it 10 000 Steps 	Emma Rae, Health Promotion Officer, Brisbane North Public Health Unit
2	Heart Foundation Walking Walk Audit Tool	Anita Cromb/Cherie Nicholas, Heart Foundation
3	Improving Food Security in communities - Community Food Champions Network	Deb Blakley, Community Nutritionist, Metro North Health Service District
4	3+1 Presentations from the Partnership Reclink Sports Commission Mission Australia	Steve Hutchinson Shannon Tamieka Trebilco
5	Snapshot – Barriers to physical activity experienced by people with a mental illness	Justin Chapman and Lisa Johnson
6	Department of Sport & Recreation - available support 'Have your say' – barriers you experience	Brad Reid

12:30	Lunch and goodie bag handout	ALL
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We hope you can join us for what will be a very energising and informative morning.

If you would like anymore information about these forums, please don't hesitate to contact Emma Rae (Health Promotion Officer for Physical Activity) from Queensland Health on (07) 3624 1111 or email Emma_Rae@health.qld.gov.au.

Yours Sincerely,

The Brisbane North Healthy Communities Partnership

List of current organisations on the Partnership:

- Queensland Health
- Department of Communities – Sport and Recreation
- Australian Sport Commission – Queensland
- Brisbane City Council
- Heart Foundation Queensland
- Mission Australia – Circuit Breaker
- The Community Place
- Reclink
- Communify
- Police Youth and Citizen Club (PCYC)
- Neami
- Nutrition Australia



Brisbane North Healthy Community Partnership presents the....

Healthy Communities FORUM



This **2 hour** forum will showcase a selection of community-based physical activity and nutrition programs and provide a platform for **you** to identify the specific barriers **you** experience when engaging communities in **your** activities so we can help you address them.

Forum 1: 10:15am (for 10:30 start) Wednesday 23rd November, 2011
National Disability Services, Suite 9, Level 4, Lutwyche City Shopping
Centre, 545 Lutwyche Road, Lutwyche. Undercover parking and
public transport available.

Forum 2: 10:15am (for 10:30 start) Monday 28th November, 2011
Heart Foundation, 557 Gregory Terrace, Fortitude Valley. Public
transport and limited off street parking available.

**A range of topics, support and resources will be covered at the
workshop including...**

- What's going on in your area
- Snapshot of the barriers a specific population experience
- **FREE** goodie bag
- End the day with a **FREE** working lunch
- **HAVE YOUR SAY! What barriers do you experience?**

Please visit Translink for bus and train times - <http://translink.com.au/>



Australian Government
Department of Health and Ageing



ACT
Health



Queensland Government



**SWAP IT
DON'T STOP IT**

This National Partnership Agreement on Preventive Health
initiative was funded by the Australian Government

Brisbane North Healthy Communities Partnership

Healthy Communities Forum

Please complete this form and return to Emma Rae –
Emma_Rae@health.qld.gov.au or fax to (07) 3624 1149 by COB
18th November 2011.

Specify which Forum: ☐ **Forum 1: Wednesday 23rd** ☐ **Forum 2: Monday 28th**

Title: _____

First Name: _____

Surname: _____

Job Title: _____

Organisation: _____

Address: _____

Suburb & Postcode: _____

Email: _____

Telephone: _____

Dietary considerations: _____

What barriers do you currently experience when implementing nutrition and/or physical activity activities? (please specify): _____

